



TTT TALK WITH MICHAEL RYAN

Managing Anxiety for Young People who have a Neuro-Diverse Diagnoses

In this talk, Michael will look at anxiety management for young people with Neuro-Diverse conditions (ASD, ADD, ADHD, Dyspraxia, Dyslexia etc.). He will explore common types of anxieties and give practical suggestions around strategies for the parents/guardians and for the young people

Tuesday 8th June 2021 @ 7pm

Booking on northclondalkinlibrary.eventbrite.ie