

BLUE SKIES INITIATIVE



CIRCLE OF SECURITY[®] PARENTING[™]

FOR PARENTS OF CHILDREN
AGED 4 MONTHS - 6 YEARS

Book a place now! Contact
HSC Meabh
086-312-3122

A programme for parents and children to support you:

- To understand your child's needs
- To support your child's ability to successfully manage emotions
- To enhance the development of your child's self-esteem
- Help parents recognise their own worries around parenting and how to manage these

This programme is run virtually over 10 weeks.

When: Starts Tue 28th September

Where: Classes are run through the video conferencing platform Zoom

Time: 10am - 12pm

This programme is free of charge. Group size limited to 4 participants.



An tSraith Léanaí, Ceardseinníocht,
Machnaim, Langhainníochas agus Oibrí
Eagarmóir de Bhalú, Leasú,
Dúshlán, Intéagráil agus Sábháil



Area Based Childhood
Programme



An tOibríocht le h-
Léarnas agus Tráchtáil
Chúil agus Páirtíochas



Archways